

2023/2024 LUNCH & SNACK PROGRAM



PRESCHOOL LUNCH (Toddlers, Jr. Pre-K and VPK):

- A balanced lunch, which includes entree, vegetable, low-fat milk and fruit dessert, is included in the Tuition. Lunch will continue to be delivered hot daily from "El Rinconcito Latino" restaurant on Bird Road.
- Children will be assisted by their teacher during the process of eating their lunch. Children will be encouraged to use their plastic utensils appropriately and to taste new foods they're not familiar with.
- Only healthy snacks may be sent from home in a container with child's name and grade written clearly on the outside.

LUNCH OPTIONS for Grades K to 8:

"SCHOOL EATERY" ORDERS

- Pre-ordered lunch items must be ordered by parents online in advance directly from "School Eatery" at schooleatery.ahotlunch.com
- Students will be able to select from three (3) lunch Menu options each day, from Monday thru Thursday. We will continue to have "Pizza Fridays" which must be paid for in advance directly at Highpoint.
- Two days a week pre-selected lunch options will come from popular local fast food restaurants and two days a week they will provide home-cooked hot meals; (Italian, Cuban, Mexican, etc.)
- Menus will include popular entrees, salads, fruit and vegetable options, desserts, low fat milk and more!

"HOME LUNCH & SNACKS"

- Parents that do not pre-order lunch from School Eatery, must send lunch from home in the morning with the student. Foods cannot be delivered throughout the day.
- All lunch items must be placed inside a labeled lunchbox with name/grade clearly written on the outside. Hot foods should come in a Thermos since for safety, microwave ovens are not provided.
- Lunch sent from home should be balanced and contain an entree item, not just snacks. No "junk foods" please.
- Healthy snacks may be sent from home in a container with child's name and grade written clearly on the outside.

POLICIES

NO OUTSIDE DELIVERIES:

- In order to avoid delays in food arrival and other issues with food deliveries that we've experienced, we will NOT be accepting food deliveries from UBER EATS, INSTACART, or from any restaurant, or family member, at any time.

HYDRATION:

- It's essential for students to be properly hydrated at all times.
- All students should bring a water bottle to school with their name/grade clearly written on the outside. We have cold water fountains throughout our campus that have capability for water bottle refills.
- Vending machines are available with water, low sugar Gatorade, and snacks.
- Unhealthy soft drinks like Coca Cola, Pepsi, Mountain Dew, Seven Up, etc. are prohibited anywhere on Campus.

DINING ETIQUETTE and MANNERS:

- Students will be taught basic dining etiquette and table manners throughout the year.
- All students will be expected to sit correctly, eat properly, and pick up after themselves.
- It's essential for families to follow up at home with these teachings.

NO FOOD SHARING OR SELLING:

- Students are not allowed to share their foods with others, or sell any food/drink items at any time.

ALLERGIES:

- The school must be notified IN WRITING, via e-mail, of all food allergies that require our attention.
- Students with allergies must be instructed by their parents not to share foods with others at any time.

At Highpoint we prioritize healthy eating and exercising. We teach "Organic Gardening" so our students can understand the importance of eating "farm to table" fruits & vegetables.

All students should eat a healthy, balanced breakfast, lunch, and snacks each day. We hope this new Lunch Program makes it easier for Parents and encourages students to try new foods and understand the importance of eating healthy, low sugar, low-sodium meals.

